

# Berry Vanilla Balsamic Popsicles

## INGREDIENTS:

- 1 cup berries
- 1/2 tablespoon stevia
- 1 tablespoon D'Olivo Vanilla Dark Balsamic Vinegar

## DIRECTIONS:

Put all ingredients in a blender and make a puree.

Pour puree into popsicle molds. If you don't have popsicle molds, try using a mini muffin pan or small paper cups.

Place in freezer for 4 hours.

*D'Olivo*

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