

D'Olivo

HOW TO REPLACE BUTTER WITH OLIVE OIL

BUTTER/MARGARINE

OLIVE OIL

1 TEASPOON	=	3/4 TEASPOON
1 TABLESPOON	=	2 1/4 TEASPOONS
2 TABLESPOONS	=	1 1/2 TEASPOONS
1/4 CUP	=	3 TABLESPOONS
1/3 CUP	=	1/4 CUP
1/2 CUP	=	1/4 CUP + 2 TABLESPOONS
2/3 CUP	=	1/2 CUP
3/4 CUP	=	1/2 CUP + 1 TABLESPOON
1 CUP	=	3/4 CUP